

MATC offers a variety of workshops and seminars that provide information about Autism Spectrum Disorders for parents, caregivers, day care workers, educational assistants, teachers, resource teachers, and other professionals. **Beyond the Basics** takes an in-depth look at some of the common challenges that are faced by people who have Autism Spectrum Disorder. New topics are added each year.



About this Seminar

Self Regulation is the ability to control the biological state of the brain in order to manage our stressors and stay calm and focused.

This workshop is designed for anyone dealing with children who struggle with self-regulation issues. The goal is to provide a new perspective on challenging behaviours and discuss strategies to help. Participants will be introduced to the revolutionary ideas that are changing our understanding of the development of self regulation based on current scientific research in neurology. Self-regulation will be examined through Stuart Shanker's developmental pathways model and its five domains. Special focus will be given to students with neurodevelopmental conditions such as ASD, ADHD, and Anxiety.

MATC Autism Seminars



Beyond the Basics:

"The Changing Face of Childhood and Self-Regulation"

Friday, February 26, 2016



Please e-mail, mail or fax registration to:

MATC Autism Seminars

Attn. Barb Cameron

228 Maryland Street

Winnipeg, MB R3G 1L6

bcameron3@matc.ca

Fax# 204-958-9618

MATC Neurodevelopmental Services

MATC Neurodevelopmental Services

**Beyond the Basics:
"The Changing Face of
Childhood and
Self-Regulation"
Friday, February 26, 2016**

Complete one registration form per person. Print clearly.

Name _____

School/Agency (if applicable) _____

Role/Position/Title _____

Mailing Address _____

Telephone _____

Email _____

Confirmations will be sent by email

Schedule February 26

- 8:45-9:15am - Check In
- 9:15-10:30am - Reframing Behaviour
- 10:30-10:45am - Break
- 10:45-11:45am - Self-Regulation Model
- 11:45am- 1:00pm - Lunch (on your own)
- 1:00-2:15pm - Strategies that Work
- 2:15-2:30pm - Break
- 2:30-3:30pm - Strategies that Work



MATC Neurodevelopmental Services

MATC Neurodevelopmental Services / Autism provides multi-disciplinary consultation for school age children and youth with Autism Spectrum Disorders. This service is provided to both schools and families. This program is located at 228 Maryland street.

Registration Information

Registration forms must be received before your spot can be confirmed.

Please send in this form ASAP as spots tend to fill up quickly.

Please let us know if you are unable to attend.



Location

United Way Learning Centre

580 Main Street

Parking available in several paid lots in the area. See link below for map of parking locations

<http://unitedwaywinnipeg.ca/impact/main-floor-learning-centre/>

Please bring your own snacks and beverages for the breaks.

Lunch will be on your own.